

*A Postcard from the Field...*

# Humboldt RISE Project



Dear Colleagues,

October 2020

We are excited to share about our project to support pregnant and parenting people with or at risk of substance use disorder (SUD) through Resilience, Inclusion, Support and Empowerment (RISE).

**This past year, we accomplished a lot!**

- Presented Cannabis education materials to the board of supervisors
- Supported partners in implementing SUD screening at St. Joseph OBGYN
- Offered free and voluntary navigation services to pregnant or parenting people
- Created the North Coast Resource Hub and
- Hosted three Trauma Informed Care Trainings (TIC)

We learned our patients are the experts of their lives and providing low-threshold support is vital. Our next steps are to produce filmed trainings on TIC, grow the North Coast Resource Hub and expand navigation services within our county. We wanted to thank Kaylee Townsend, Rachel Adair, Caterina Klein, Candy Stockton, Carrie Griffin, and our wonderful steering committee for their guidance and support.

Please consider contacting us if you wish to share additional information we can add to the North Coast Resource Hub, or if you have an interest in the TIC trainings or navigation services. We look forward to collaborating in the future!

Sincerely,  
Hannah Lippe, CARE Navigator, [hannah.lippe@stjoe.org](mailto:hannah.lippe@stjoe.org)

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From left to right: screenshot of TIC training, RISE Project logo, Cannabis education materials, and CARE Navigator Hannah Lippe working with a client

### *What We're Hearing:*

**"I meet people where they are at. Sometimes that means getting people into treatment and other times it could be just attending appointments with them or helping to coordinate with another service provider"**

**- Hannah Lippe, Perinatal CARE Navigator**